



High Plains News

“Building a liberal spiritual community that welcomes all to lives of wholeness”

September 2016

High Plains Church - Unitarian-Universalist

Vol 23, No 9

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Outdoor Worship Service and Church Picnic

Sunday, September 18th

10:00 am to late afternoon

At the Monument Valley Park Pavilion in Colorado Springs



Food! Fun! Games!

This year’s picnic will be a potluck only. Food sign-up sheets will be circulated in the coming weeks. There will be activities and games for children and adults to play together.

For a map to the park, please check at the Fellowship Table during coffee hour after the service, or email Robin Laborde at fellowship@hpeuu.org

Events Calendar - September 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Stitchers 9:30 am - 11:00 am Meditation 6:30 pm - 7:15 pm	2	3 Popcorn Theology 6:00 pm - 10:00 pm
4	5	6 Fellowship Team 6:30 pm - 8:30 pm	7	8 Faith Formation Team 5:30 pm - 7:00 pm Meditation 6:30 pm - 7:15 pm	9	10 Grounds Workday 9:00 am - 2:00 pm
11 YRUU Youth Group 12:00 pm - 2:00 pm	12 9th Grade Trip Orientation 6:00 pm	13	14 SGE Facilitator Meeting 6:30 pm - 8:30 pm	15 Stitchers 9:30 am - 11:00 am Meditation 6:30 pm - 7:15 pm	16 Board Meeting 9:30 am - 12:00 pm Hip Parents Group 6:00 pm - 9:00 pm	17 Issues on Aging 10:30 am - 12:00 pm
18 YRUU Youth Group 12:00 pm - 2:00 pm	19	20	21	22 Meditation 6:30 pm - 7:15 pm	23	24 Fabric Give Away 10:00 am - 1:30 pm Dream On Movie 5:00 pm - 8:00 pm
25 YRUU Youth Group 12:00 pm - 2:00 pm	26	27 Social Justice Team 5:30 pm - 7:30 pm	28	29 Meditation 6:30 pm - 7:15 pm	30	
Be sure to check the Events Tag on the website at www.hpcuu.org for additions and corrections to the calendar.						

September Services - Covenant

- Sep 4:** *"Songs from the Road"* Music Sunday with Joe Uveges. A collection of songs and thoughts about traveling, both physically and metaphorically.
- Sep 11:** *"The River of Life"* with Rev. Dana Lightsey. Come celebrate our annual Water Ceremony where we bring our waters gathered from or in memory of significant places and experiences from these past summer months. The mixing of the waters from our lives serves as a symbol of how our lives flow through relationships. This service is a celebration of coming together to renew our relationships with each other through our covenantal choices to show up for one another during all that life brings. This service will include a brief New Member Welcome Ceremony.
- Sep 18:** *"Walking Together"* with Rev. Dana Lightsey. This is our annual Ingathering service and picnic, which is held at **Monument Valley Park** in downtown Colorado Springs. We will celebrate who we are as a community, strengthened and defined by our tradition of covenant, which calls us to recognize that none of us lives in isolation and we need one another to survive.
- Sep 25:** *"Keeping Our Covenant With the Earth"* with Dianne McRae and our new Covenant of Unitarian Universalist Pagans. At the Autumnal Equinox, some Northern European Pagan communities celebrate a festival called Mabon. This second harvest celebration is a time to give thanks for the bounty of the Earth, and a reminder to live in balance with the systems in which we are embedded on this planet. Come join the celebration of our gratitude and consider how we can better live in healthy balance.



Minister's Musings

by Rev Dana Lightsey

Why do you make the choices you make everyday? What choices happen because you are following rules and if those rules didn't exist would you act differently? What choices do you make because of the relationships in your life? We think of ourselves as individuals, but it is our relationships that define us.

Unitarian Universalism does not have a creed or a profession of faith. We pride ourselves on not telling each other what to think. But we have something much more important, we have covenants between us that create and define our relationships, that call us to be our best, but realize that we will fall down and fail. Instead of punitive laws, we call each other back into covenant, into right relationship, through forgiveness, understanding, and compassion. Our theme this month is, "What does it mean to be a community of COVENANT?"

Covenant is a founding core value of Unitarianism and Universalism that comes from our religious ancestors, the Puritans. Back in the 1600's when our Puritan ancestors were escaping Europe and England to come to the new world so they didn't have to be under the control of any religious hierarchy, they decided that each parish would write their own covenant for how they would treat each other. The covenant that we say on Sunday mornings comes from this tradition. The original was written by James Vila Blake in 1894, "*Love is the spirit of this church, and service is its law; this is our great covenant, to dwell together in peace, to seek the truth in love, and to help one another.*"

This simple covenant, and our 7 Principles, and our Covenant of Respectful Relations guide us to create relationships of trust, mutual accountability and support. This is how we promise to have each other's back. UU senior minister, Gretchen Haley, at Foothills Unitarian in Fort Collins, explains, "*Our UU covenantal theology affirms that being human comes down to the commitments we make to and with each other – the relationships we keep. We become human through our promises to and with each other.*"

Being in covenant doesn't mean pledging an oath or making a one-time promise. It is a daily practice of being in mutually supportive relationships and calling each other back into that relationship through mutual accountability when we falter. Knowing that our relationships are built on this intentional respect and trust, allows each of us to keep opening our hearts to a greater and deeper love. The daily practice of covenanting with ourselves, with each other, and even with the world redefines how we live and this brings healing to our own brokenness through the sacred gift of relationships. This is what it means to become more human.

So, my friends, may we begin this new church year by renewing the great tradition of Unitarianism and Universalism to be guided not by common beliefs, but by our common covenantal bond of relationship. For the sacred ground of our UU faith lies in the connection between us.

In covenantal relationship with you,
Rev. Dana Lightsey



Faith Formation

by Jessica Laike

The great end in religious instruction is not to stamp our minds upon the young, but to stir up their own; not to make them see with our eyes, but to look inquiringly and steadily with their own; not to give them a definite amount of knowledge, but to inspire a fervent love of truth... In a word, the great end in religious instruction is to awaken the soul, to excite and cherish spiritual life. ~ Rev. William Ellery Channing

As we move into our new church year, I want to update you with all the happenings in our children's Faith Formation programming this year. Our regular classes will begin on September 25th and before they do, check out all the new program offerings below:

Children's Chapel

Worship is one of the sacred elements of our Sunday morning experience, and on the third Sunday each month, instead of being in the sanctuary with the adults, we'll have our own small worship service in the large Spirit Play (elementary) classroom. These special times will include songs and readings to help our children and youth connect to the spirit of worship on their own level. Chapel services will be organized by Cindy Fesgen, Jessica Laike and a great team of parent volunteers. Chapel services will start at 10:00 am and last approximately 20 minutes after which children will go to their regular Sunday school classes.

Spirit Play

After a fantastic start last year the Faith Formation team is thrilled to embark on this second year of our Spirit Play program for children in **Pre-K through 2nd grade**. Spirit Play is a Montessori-based program developed specifically for use in Unitarian Universalist Sunday School classrooms. The program seeks to provide a space to help children begin to live into their own answers to the existential questions. This year the class will focus on an exploration of the sources of our faith and journey into the ways in which different faith traditions might answer these existential questions as well.

The Montessori teaching philosophy is based on a proven educational method whose values support Unitarian Universalism:

- Encourages independent thinking through wondering questions
- Gives children real choices within the structure of the morning
- Creates a broader community of children in mixed age classrooms
- Develops an underlying sense of the spiritual and the mystery of life

- Supports congregational polity through choice of lessons

Our Spirit Play team is being led by **Marianne Sheldon, Tiggy Hutchinson, Geeta Palumbo and Sophia Snyder** with classroom support from **Heather Mitchell** and program support from Jessica Laike and the Faith Formation team. We are all very excited to continue this program at High Plains and look forward to sharing it with our children.

Stories of Our World Family

Our **3rd - 5th grade class** will be using a great world religions curriculum written by Lori Allen and Cheryl Wallace from the Unitarian Universalist Fellowship of Ames, IA. This curriculum not only teaches our children about different religions, traditions and cultures; but even more, it aims to help them learn more about themselves and the people in their immediate faith community. When we create opportunities for children and youth to experience their selves as an important part of a greater whole, that is where the real meaning making begins. This class will be lead by **Michelle Wine, Lee Linnenburger, Maggie Petock, Ann Brand and Kim Doty**.

Building Bridges (formerly Neighboring Faiths)

Our **Middle School class** (6th-8th Grade) will be using a great new curriculum this year entitled **Building Bridges**, though the name may be new many of you are likely familiar with its predecessor, Neighboring Faiths. Released just two years ago, Building Bridges takes the core of the 1996 curriculum and updates it for the 21st century. Building Bridges is a world religions program to deepen youth's understanding of the dynamic, fascinating, and varied world in which they live. It seeks to broaden their knowledge of humanity and embolden their spiritual search. With the guidance of their adult facilitators **Jill Forney, Glenn Rohlfing, Gail Ballare and Elizabeth Wilkinson**, youth will increase their knowledge and understanding of the variety of religions practiced around the world and how religion as a whole addresses basic human needs. This curriculum also works to foster acceptance of the diverse forms that

religious expression takes and builds awareness of the diversity of followers within every faith; understanding that to know someone's religious identity is not the same as knowing what that person thinks, believes or practices. Finally, this class works to support the faith development of participants and empower youth to better appreciate human diversity, connect with others and be able to respectfully discuss important matters with people with whom they disagree.

This will be achieved not only through classroom learning and discussions about the beliefs and traditions of various religious and spiritual traditions, but also through field trips to many of the communities and experiencing their worship services first-hand. Due to the in-depth nature of the curriculum this class will have an **extended meeting time from 10:00 am - 11:30 am on Sunday mornings.**

Youth Group

As we embark on a new year of youth programming we too will spend the year exploring the sources of our faith. Our regular weekly programming will also be supplemented by two age-specific programs which will meet once each month during our usual youth group time (see below). During the rest of the month our sessions will rotate between discussion, field trips, social action, attending worship, and youth-led programming. Our advisor team this year includes **Josh Meisman, Jon Keen, Hillary McRae and Jessica Laike.**

Our Whole Lives: Sexuality and Our Faith

As a congregation we are proud to offer Our Whole Lives (OWL), a comprehensive, lifespan sexuality education curricula. Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior. With a holistic approach, Our Whole Lives provides accurate, developmentally appropriate information about a range of topics, including relationships, gender identity, sexual orientation, sexual health, and cultural influences on sexuality.

This year we will be offering the 5th-6th grade and 11th-12th grade levels of the Our Whole Lives Program.

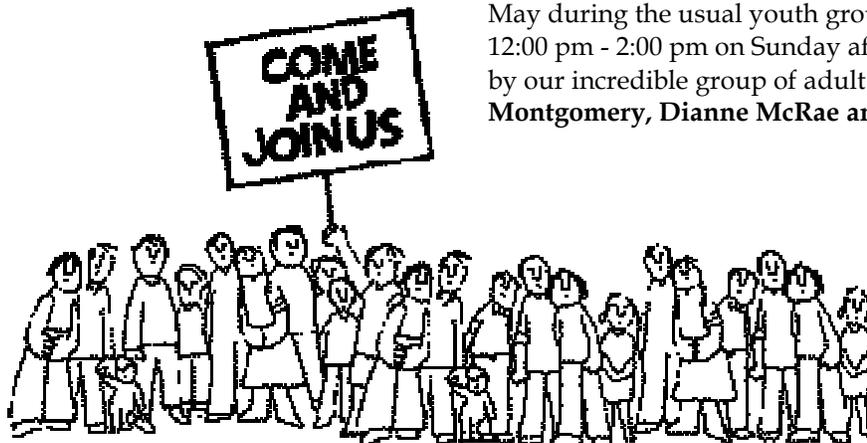
The 5th and 6th grade class will take place over 3-4 weekend (Saturday or Sunday afternoon) sessions and be lead by **Julia and Rev. Nathan Mesnikoff.** This level focuses on learning about and discussing the physical and emotional changes of puberty. Participants will read *It's Perfectly Normal* by Robie H. Harris, and examine topics such as values and sexuality, communication and decision-making. Each session includes a HomeLink - a homework activity for parents and children to complete together.

The 11th and 12th grade class will meet once a month from September to May during the usual youth group meeting time from 12:00 pm - 2:00 pm on Sunday afternoons. Using a comprehensive approach, this program helps senior-high youth gain the knowledge, life principles and skills they need to express their sexuality in life-enhancing ways. This program will be facilitated by **Sheree "Blue" Badella, Gloria Carpenter, Jon Keen and Josh Meisman.**

Coming of Age

As youth in 9th and 10th grades leave their childhood behind, we seek to honor this with this transition through our Coming of Age curriculum. Through this program youth will explore theology, spirituality and history through discussion, drama, music, writing and art while working with a dedicated team of adult mentors. Participants will explore not only what it means to be Unitarian Universalist (UU), but what it means to be *you*. With mentors and guides, participants will explore what they believe, what they find meaningful, and how to build a spiritual "toolkit" to help them as they face the joys, sorrows, wonders, and challenges of being human. Finally, they will work to articulate what being a Unitarian Universalist means to them and choose whether or not to claim this faith as their own.

This class will meet once each month from September to May during the usual youth group meeting time from 12:00 pm - 2:00 pm on Sunday afternoons and will be led by our incredible group of adult mentors, **Jim Montgomery, Dianne McRae and Cindy Fesgen.**



What's Happening in Faith Formation?

Please note that this is not meant to be a comprehensive list of everything that is happening in the church in regard to Faith Formation, but instead to serve as a highlight reel of what is coming up in the next month.

Every Thursday:	Meditation Group at 6:30 pm
September 3:	Popcorn Theology for Young Adults (18-35ish) potluck and movie night: <i>Children of Men</i> at 6:00 pm
September 4:	PK – 3 rd Grade Class: <i>Happy Feet</i> and being yourself and embracing uniqueness, 4 th – 8 th Grade Class: <i>Saved!</i> and exploring morality
September 8:	Faith Formation team meeting at 5:30 pm
September 11:	PK – 3 rd Grade Class: <i>Shrek</i> and exploring teamwork, 4 th – 8 th Grade Class: <i>Little Buddha</i> and the nature of the divine Classroom Set-Up from 11:30 am to 1:30 pm First regular YRUU Youth Group meeting from 12:00 pm to 2:00 pm
September 12:	9th Grade Trip Orientation at 6:00 pm
September 18:	Multigenerational Ingathering service Youth group meeting at the picnic from 12:00 pm to 2:00 pm
September 25:	First day of regular Sunday school! YRUU Youth group meeting from 12:00 pm to 2:00 pm

If you have a group which you believe works toward the goals of Faith Formation please contact Jessica at dff@hpcuu.org about including your meetings on the monthly list of Faith Formation Programming events.

Future Planning

Both of our combined events with Vista Grande in July were a big success! Thank you to all who participated. Here's a quick outline of what's happening:

- * The Board of Trustees, the Strategic Planning Committee, and the HP/VG Planning Committee are committed to a transparent process that provides frequent opportunities for input from the congregation.
- * Both congregations are interested in sharing space and collaborating on some activities. Neither congregation intends to merge. Both congregations are committed to maintaining their own, individual identity.
- * Our HP/VG Planning Committee is working with Vista Grande's planning team to explore if and how we might share a space. We do not yet know if that space would be our current space, or if it would be somewhere else. Our next meeting is in early August.
- * We do not know when/if Vista Grande's current building will sell, but it is on the market.
- * The Board is considering all of our options for moving forward. This is for both scenarios that include Vista Grande and scenarios that do not.

Please do not hesitate to ask questions, share ideas, and share your concerns as we move through this process. Feel free to contact Dana Lightsey at revdana@hpcuu.org or members of the Board of Trustees: Fran Pilch, President; Julie Feuerbach, Past President; Glenn Rohlfing, Vice President; Tom Ward, CFO; Rick Carpenter, Secretary; Sheila McElroy, At-Large; and Karen Clemmensen, At-Large.



The President's Post

by Fran Pilch

To members and friends:

The other day, as I was reflecting on the important responsibilities facing the board of HPCUU – particularly those regarding the future of our facility, our collaboration with Vista Grande and perhaps increased communication between High Plains and All Souls Church, and our stewardship of church financial resources, a quote popped into my head. This was the title of a book written by one of my colleagues in the Department of Political Science at the United States Air Force Academy. He had recently returned from a deployment in Iraq, and was writing about the lack of vision in U.S. policy toward that nation. He noted that the military strategy was effective and highly developed, but that the strategy toward the peace and the rebuilding of a nation divided by sectarian violence and parochial loyalties was very shortsighted and faulty in both its vision and its execution. The title of his book was “HOPE IS NOT A PLAN.”

I would ask all of our members to reflect upon the meaning of that quote for HPCUU. We have very momentous decisions facing us. We cannot just HOPE that things will “work out OK.” We have to make the best decisions we can, given the facts that we have. And we must do all this in an inclusive, respectful way, in which everyone’s voice is heard and valued, even if we do not agree.

We have a very important congregational meeting coming up on October 2, in the church sanctuary, after the service, at which bylaws revisions and then the report of the Strategic Planning Committee will be presented and discussed. We will first consider bylaws revisions. These revisions came about as a necessary change due to our new model of “policy governance.” The model is based on a book by Hotchkiss called Governance and Ministry. Given our move toward this model, our bylaws needed to be adjusted. These revisions were presented at our June congregational meeting, and when some of the provisions were questioned, a committee was formed to work out an acceptable version of the bylaws, with some compromises – such as moving controversial portions to policies rather than keeping them in the bigger picture bylaws.

After our bylaws discussion, we will have a special presentation by the Strategic Planning Committee. This committee, consisting of Ann Harris, Kelley Ghorashi, John Atkinson, Larry Sargent, Michelle Wine, and Lee Linnenburger will present their findings on both the results of the extensive interview process they undertook of church members and on possible options to deal with our very real financial predicament, which will be explained in detail. Aren’t you curious to know what people thought about our facility, and where our church might be headed? I was fascinated by the SPC report, and I know you will be too.

If you can possibly make this meeting, I URGE you to do so. It will provide the foundation for the hard choices we have to make in the coming year. We can hope that our membership will grow enough to address our financial burden; we can hope that High Plains can work out a rental agreement with Vista Grande or another religious group that will ease our situation; we can hope that we will find that pot of gold at the end of the rainbow. But HOPE IS NOT A PLAN. We need YOU to be as informed as you can be as we move into the next phase of our discussions.

The board seeks to have recommendations in early 2017 as to a ranking of options to attain financial sustainability. This October 2nd congregational meeting is an important step in that direction. PLEASE ATTEND.

Fran Pilch,
President of the Board of Trustees



Congregational Meeting

There will be a Congregational Meeting in the Sanctuary on Sunday, October 2nd at 11:30 am (following the church service). All HPCUU members are urged to attend. We will review the revised Bylaws and also hear a presentation by the Strategic Planning Committee about the results of their interview process plus options for addressing "financial sustainability" in our church's future. More details will follow prior to the meeting, but please put it on your calendars!

Fostering Hope Volunteer Opportunities

By Julie Feuerbach - HPCUU Fostering Hope Volunteer

High Plains Church will soon celebrate its 5th year of sponsoring a Fostering Hope team of volunteers. As someone who has been active with this program throughout that time, I can attest to what a truly magnificent program it is! We have an amazing, dedicated group of Fostering Hope volunteers, a number of whom have been involved all 5 years. Now, we are looking for additional volunteers to join us. There are foster families currently in need of the support that a Fostering Hope team provides.



There are more than 500,000 children in the American Foster Care program. Luckily, there are people who are willing to open their hearts and their homes to these children, providing them much needed support and stability. But being a foster parent is hard work and can be overwhelming. **That is where Fostering Hope comes in. With its mission to "affirm and support foster parents in their task of caring for neglected and abused children," Fostering Hope brings together foster families with teams from faith communities. The volunteers on these teams act as an "extended family" to support parents with foster children.**

What does being a team member for Fostering Hope entail? The team meets with the foster parents and a professional staff member from the Fostering Hope Foundation once per month

to find out the needs of the family and to schedule help to meet those needs. Each member is also expected to help with one task per month whenever possible. These tasks are varied and dependent on the needs of the family. They may include things such as tutoring, meals, childcare, outings, and transportation, to name a few. By partnering with the foster parents, you develop a relationship built on trust with both the parents and the children. What a wonderful way to live out our HPCUU mission of nurturing a loving, respectful religious community and acting for social justice!

As a pediatric physical therapist, I have worked with a lot of children in foster care over the years and have always been in awe of the parents willing to take on the responsibility of caring for these children. I have also seen first-hand how overwhelming it can be when the foster family does not have the necessary support; families burn out and stop taking in foster children. Fostering Hope helps to alleviate that burnout and make foster placements successful.

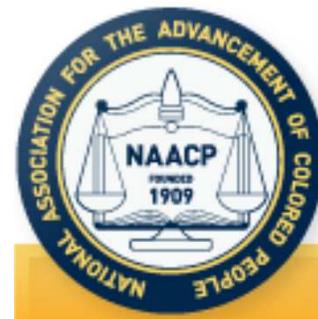
If you are interested in finding out more about Fostering Hope at High Plains, please let me know. I would love to talk to you about this amazing program! I also encourage you to visit their website (fosteringhopefoundation.org) or contact our

Fostering Hope Coordinator Laura Moody at laura.moody@fosteringhopefoundation.org or 701-500-1975. **Additionally, Laura and I will be available after the service on September 4 to answer any questions you may have.**

4th Sunday Recipient

By Bri Keen

The 4th Sunday recipient this month is the National Association for the Advancement of Colored People (NAACP). The NAACP's mission is to "ensure the political, educational, social, and economic equality of rights of all persons and to eliminate race-based discrimination." Our donations will go to the local branch who is supporting the NAACP Strategic Plan: Game Changers for the 21st Century:



Economic Sustainability: A chance to live the American Dream for all

Every person will have equal opportunity to achieve economic success, sustainability, and financial security.

Education: A free, high-quality, public education for all

Every child will receive a free, high quality, equitably-funded, public pre-K and K-12 education followed by diverse opportunities for accessible, affordable vocational or university education.

Health: Health equality for all Americans including a healthy life and high-quality health care

Everyone will have equal access to affordable, high-quality health care, and racially disparate health outcomes will end.

Public Safety and Criminal Justice: Equitable dispensation of justice for all

Disproportionate incarceration, racially motivated policing strategies, and racially biased, discriminatory, and mandatory minimum sentencing will end. Incarceration will be greatly reduced and communities will be safer. The death penalty will be abolished at the state and federal level, as well as in the military.

Voting Rights and Political Representation: Protect and enhance voting rights and fair representation

Every American will have free, open, equal, and protected access to the vote and fair representation at all levels of the political process. By protecting democracy, enhancing equity, and increasing democratic participation and civic engagement, African Americans will be proportionally elected to political office

Expanding Youth and Young Adult Engagement:

- Expanding the presence of youth consciousness in every aspect of the Association
- Significant attention to expanding engagement with key age demographic (1979 and after)
- Young adult engagement in policy research, development and advocacy on all levels
- Enhance capacity of local units to recruit, engage, train and retain young adults
- Innovative approaches to young adult membership and program engagement

Act for Social Justice

By Julie Feuerbach - Social Justice Coordinator



DREAM ON Screening September 24, 2016

“An epic road trip in search of the vanishing American Dream”

Please join the HPCUU Social Justice team for a potluck and free screening of this new documentary featuring political comedian John Fugelsang. We will gather at the church at 5:00 pm on Saturday, September 24, for a potluck dinner, followed by the showing of the documentary and a group discussion. This promises to be an interesting and lively conversation! Childcare will be available upon request. Please RSVP to socialjustice@hpcuu.org so we can plan appropriately.

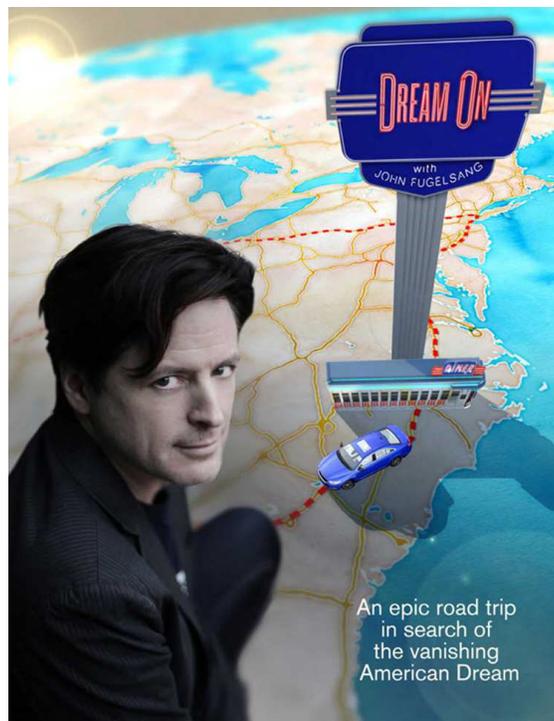
Following is more information about **DREAM ON**:

As the country prepares for the next presidential election, one question looms large: is the American Dream dead or alive? Political comedian John Fugelsang hits the road to find out in the new film **DREAM ON**, which is now playing at film festivals around the country before it airs on national public television in 2016.

Fugelsang retraces the journey of Alexis de Tocqueville, whose study of our young country in 1831 came to define America as a place where anyone could climb the ladder of economic opportunity. Following in the Frenchman's footsteps, Fugelsang speaks with fast-food workers and retirees, prisoners and entrepreneurs, undocumented immigrants and community organizers about their hopes, dreams, and daily struggles. After decades of rising income inequality and declining social mobility, **DREAM ON** explores how the optimistic spirit of the American Dream that Tocqueville described nearly two-hundred years ago is faring in twenty-first-century America.

DREAM ON explores how the optimistic spirit of the American Dream that Tocqueville described nearly two-hundred years ago is faring in twenty-first-century America.

We hope you will bring a dish to share and join us for this fun and educational evening!



High Plains Stitchers

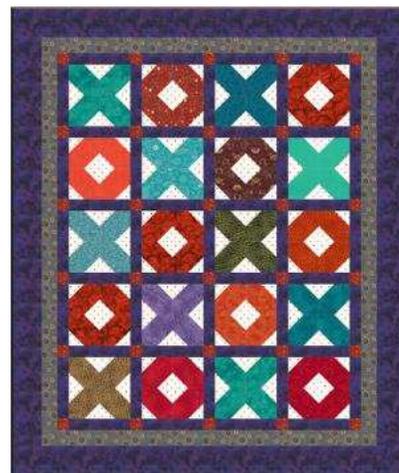
Bring your stitching project (knit, crochet, quilting, or any easily transportable craft) and join us on 1st and 3rd Thursdays at **La Tartine Bistro** from 9:30 am - 11:00 am.

Our group mainly works on their own projects - but we also create blankets for members/friends suffering severe illness, undergoing surgery or experiencing a loss, and to welcome new babies :)

The cafe is located in a small shopping center on the NW corner of Academy and Briargate Blvd (opposite Security Service bank, behind the Burger King).

Don't stitch? Why not come anyway and just "hang out" with us??

Questions? Contact Ruby Doyle at stitchers@hpcuu.org.





A's & B's – It's your turn to "HiP Snack" this month! ~ *September* ~

If your last name begins with **A or B**, please pick a Sunday this month and bring a snack for after the service:

Fresh fruit, crackers, cheese, fresh veggies w/ dip or hummus, chips, donuts, muffins, cupcakes, cookies, pre-popped popcorn, etc.

For questions, contact Ann Harris: HiPSnacks@hpcuu.org

Note: No HiP Snacks on Sunday, September 18th
due to HPCUU Annual Picnic at **Monument Valley Park!**

Mama Gina Concert

October 10, 2016

By Dan Keating

Mama Gina is one fearless bard and folk artist. She'll capture you - heart and soul - with her grit-voiced blues and achingly beautiful ballads, and just when you think she's done with you, she'll make you laugh all the way home! Singer/songwriter & wanderlust ... fearless storytelling ... bluesy vocals ... humor ... straight-ahead, rhythmic, 12 string acoustic guitar ... djembe ... frame drums ... all weft and warp of the soul of this bard www.mamaginamusic.com



Book Club

By Heather J Mitchell

For October 5, Book Club is reading historical fiction set in the British Isles (England, Ireland, Scotland, Wales, the Isle of Man, the Orkney Islands). Choose any book on that topic. Some suggestions:

Wolf Hall by Hilary Mantel,

Maisie Dobbs by Jacqueline Winspear,

The Last Letter from Your Lover by Jojo Moyes.

We meet at 6:30 pm in the Main Sanctuary.

High Plains Library

By Heather J Mitchell

The High Plains Church UU Library has a new online system! To use the library, please fill out a registration form and return it to the Completed Registration forms folder. Both are located near the library bookshelves. Or register online by emailing library@hpcuu.org with your name, contact information, and a Patron ID (for example, your initials). Once you've registered, you can check out books online at <https://www.librarycat.org/lib/HighPlainsUU>.

Issues on Aging

By Betty Davis

Back by popular demand...we will continue our discussion of important documents and long-term care options at our next meeting of the Issues on Aging discussion group on Saturday, September 17, from 10:30 am - noon in the middle school classroom. Tamara Latham will return with more information about the Medical Power of Attorney and other advanced directives, as well as local resources for evaluating and choosing the best care options for us as we age. All are welcome.



HPCUU
1825 Dominion Way
Colorado Springs CO 80918

High Plains Church 719-260-1080
Unitarian Universalist

Member of Unitarian Universalist Association

Sunday Services at 10:00 AM

Come Join Us!

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Send Comments to: editor@hpcuu.org
Send Articles to: newsletter@hpcuu.org

Please submit your articles for the October newsletter by September 25, 2016

Rev Dana's Hours:
Tue, Wed, Thu: 11:00 am - 3:00 pm
Please don't hesitate to call her at 970-590-6978 if there is a serious or emergency situation.

Office Hours:
Mon, Thu: 8:30 am - 12:30 pm
Tue, Wed, Fri: 1:00 pm - 5:00 pm

Contact the Publicity team at publicity@hpcuu.org if you would like to place an add in the HPCUU Newsletter.



Water (Ionized, Alkaline) – What you should be drinking
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Chiropractic/Decompression – Low back/leg, neck/arm pain
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